#### **Bellows Falls Tunnel**

Track Lowering Project for Modified Double Stack Container Cars and Auto-Racks

> ECI Rail Constructors, Inc. Kenneth A Pidgeon, PE



### **Project Background**

- Project Costs:
  - \$2.5M Construction
  - Funded by VTrans/FHWA/Rail America
- Objectives for State/Fed:
  - Reduce I-89 and I-91 Heavy Truck Traffic
  - Enhance VT's Transportation System

### **Project Team**

- Owner: New England Central Railroad Rail America
- Engineer: VTrans (Rail & Structures Divisions) Parsons Brinckerhoff
- Contractor: ECI Rail Constructors, Inc.
  - Thomas Drilling & Blasting (Rock Removal)
  - Acme Waterproofing (Shotcrete)
  - Bazin Brothers (Local Excavation Company)



### About the Tunnel

- Stone Arch Cut & Cover Construction
- 280 ft long x 12 ft narrow
- Constructed in 1850s
- Invert Lowered Twice Previously (1950s and 1970s)
- Overlying Hotel & City Street
- Crossing at South Portal is only access to Municipal Sewer Treatment Plant

### Downtown

### **Bellows Falls**

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South

Portal -

11000

#### South Portal – June 2006



#### North Portal – August 2005



BELLOWS FALLS CANAL Here first Canal in United States was built in 1802 The British-owned Company, which was chartered to render the Conn. River navigable here in 1791, was 10 years building the 9 locks and dam around the Great Falls, 52 ft. high, After the railroad came in 1849, river traffic declined and the canal was used for water power only.

#### Stone Arch Construction Built in 1850s



#### Historic Hotel and City Street above the Tunnel



### **Project Criteria**

- Lower Track about 2.5 feet to provide a minimum 19'8" clearance
- Maintain a horizontal clearance envelope of 11'8"
- Maintain Train Traffic with an allowance for:
  - A 1-day shutdown for the grade crossing work
  - A 3-day shut down for final profiling
- Minimize Closure of Mill Street

#### **Illustrative Profile**



### **Railroad Coordination**

- ECI Served as RR Flagger
- ECI Set out Derails & Removed
- Amtrak Passed through at 12:00 and 5:30
- Freight Traffic at Night
- ECI work Windows:
  - 4:00 am to 11:45 am
  - 12:00 noon to 5:30 pm

#### ECI's Foreman Strobel Sets out the Derail



### **Construction Hardships**

- Restricted Working Times & Long Days
- Poor Lighting: Better Light = Better Work Quality
- Unexpected Subsurface Conditions
- Limited Access: Tunnel work is a linear chain process (no equipment movements around internal activities)
- Limited number of activities could occur at once

#### Early 4:30 am Shift Starts Required Working in Dark Conditions



#### Working Room Was Limited, Operations are Linear, & Poor Lighting



### Obstructions & Unexpected Conditions



#### **Construction Phases**

- 1. Mobilize: Tunnel Lighting, Office Trailer, Security Cam, Staging Areas, Access (9/06)
- 2. Relocate Sprint & RR Comm Lines
- 3. Relocate UG Utilities at Crossing
- 4. Rebuild Crossing Area (Tracks & Street)

### Construction Phases (cont.)

- 6. Shotcrete Work: Crash Wall Repairs, Ceiling Joints, New Retaining Wall (NW)
- 7. Dap Bridge Ties
- 8. Cut rail in 13 ft sections, drill, add joint bars
- 9. Line Drill Rock Areas
- 10. Rock Removal (2,077 cubic feet)

### Construction Phases (cont.)

- 11. Underpinning (551 linear ft)
- 12. Cast-in-Place Retaining Wall (NE)
- 13. Lower Track to New Profile about 2 ½ ft (8/07)
- 14. Install Continuous Welded Rail
- 15. Final Paving/Reset Communication Lines/Demobilization (9/07)

#### Sprint & RR Communication Lines Were Relocated and Moved Back After Construction



### Repaired Crash Wall – by Shotcrete



#### 13 ft Track Sections Removed in Work Areas Twice Daily







Amtrak Passes at 12:00 noon and 5:30 pm

TRAN

#### Subcontractor DL Thomas Drilling & Blasting Rock in Tunnel Hydraulic Splitting and Hammering also Used





# Hydraulic Rock Splitting Required where Tunnel was Supported on Soil with Shallow Rock



# Shotcrete was used for Crash Wall Repairs, Ceiling Joint Fill, and Retaining Walls







#### Dapping Bridge Ties to Lower Rail





## Underpinning

- Traditional Underpinning:
  - Typically a series cast-in-place concrete units below an existing foundation serving to extend the depth of the footing
- At Bellows Falls Tunnel:
  - Underpinning consist of soldier piles, steel plate lagging, and steel cross bracing
  - More accurately called permanent excavation support







#### Soldier Piles: Coped End, Lagging Guide Plate, Stiffeners, Strut Bracket, Innerduct Holes

# Piles = 148 Length = 6'0" Spacing = 4'4"





### Underpinning







- 1. Insert Piles (vacuum excav) & Grout
- 2. Insert Cross Struts
- Insert <sup>3</sup>⁄<sub>4</sub>" Steel Lagging Plates & Grout

#### **Grout Plant**

### Installation



Approximately 2,000 bags of grout

#### Labor-Intensive Chipping of Existing Granite Blocks Was Required to Maintain Clearances



#### Amtrak Passed at Mid-Day Which Interrupted All Tunnel Work













### The Blitz

- 3 Days Continuous (Aug 18<sup>th</sup> 20<sup>th</sup>)
  - Removed Track
  - Excavated to new Subgrade
  - Installed conduit
  - Trimmed Rock
  - Installed Ballast Stone
  - Installed Track
  - Surfaced, Aligned, Tamped













#### First Train Passes Through Lowered Tunnel: August 20<sup>th</sup>



### Installing CWR



#### **Double Stack Test**





Circa 1913, Flood with Stop Logs in Place Approx 14 ft vertical clearance August 29, 2007 After Lowering Track Min 19'8" Vertical Clearance

#### Questions?

